



**OTTAWA CONFERENCE
ON SECURITY AND DEFENCE**
EST. 1932

MARCH 4-5, 2026

CHARLOTTE DUVAL-LANTOINE

Vice President, Ottawa Operations

[Canadian Global Affairs Institute](#)

Charlotte Duval-Lantoiné is the Vice President, Ottawa Operations and a Fellow at the Canadian Global Affairs Institute, as well as Triple Helix's Executive Director and Gender Advisor. She is also a PhD Candidate at Deakin University, researching Canadian army culture during the 1990s and its influence on operations.

Charlotte is the author of *The Ones We Let Down*, her MA research on toxic leadership and gender integration in the Canadian military, which was named among *The Hill Times'* Best Books of 2022. Her research interests include questions of



military cultures and structures and personnel policy, topics on which she regularly comments in the media and writes about on her Substack, *DND/CAF 101*. She regularly participates in consultations organized by the Department of National Defence and has given talks to West Point and RMC cadets, to the National Strategic Program at the Canadian Forces College, and to the Australian War College.

Charlotte has had the honour of being awarded a King Charles III Coronation Medal and the CDA Institute's 2024 Captain Nichola Goddard Award for her work as a researcher. She was also listed as one of the 2022 Women in Defence and Security Emerging Leader and amongst the 20 in their 20s by Women in Defence and Security in 2025.



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Charlotte was born in France and grew up in Marseille. She has called Canada her home since 2014.